



Create The Best Year Ever!



Life Coaching Special Offer

**Six Sessions at \$50.00
Weekly or Biweekly**

Appointments Available Monday–Friday from
9:00 am until 7:00 PM

Call Now at 248.547.4965

50% Off

This special offer comes to you at this time to assist you in creating your best year ever! Here is an outline of the coaching format you may expect.

- Week 1: Dissolve the Ties That Bind: Clearing The Unresolved From 2006
- Week 2: Shoulda, Woulda, Coulda: Cleaning Up Language Without Soap!
- Week 3: Removing Road Blocks To Progress: Emotional, Mental & Physical Clutter
- Week 4: Burn Baby Burn: Using the Violet Flame To Clear Energy Fields
- Week 5: Setting A Clear Intention: Visualization For The Best Year Ever
- Week 6: Crafting The 21 Day Plan: Setting the Stage For Permanent & Lasting Change

For More Information Call Catherine at 248.547.4965

Here's what others had to say about their coaching experience with me:

"I approached coaching with an open heart and I was very surprised to find some deep places within that were just waiting to softly brought to life. Catherine's skills and delight helped me feel more confident about myself and helped me open to a whole new self. She helped me stand in this place of finding my own truth and this ignited a deep passion for life once again. I truly recommend Catherine Hilker to anyone who is ready to live an extraordinary life."

Solena Morgan
Boston, MA

"Catherine helped me create a daily routine that helps me be present and function at my true potential and trust. She gave me tools to improve and set realistic goals. Catherine opened for me a door to my most wonderful dreams and adventures. She is a wonderful and compassionate coach – her talent unleashed my true self."

Cristina van Bladel
Dobbs Ferry, NY